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The Art Of Sensual Massage: Book And 2 DVD Set



Synopsis

The Art of Sensual Massage demystified the practice of massage and sold over one million copies. The book has remained a best-seller for more than 40 years. Now two brand new DVDs by Gordon Inkeles bring the book's sensual massage techniques to the screen. Sensual Massage Made Simple (2010) shows you what to do on every part of the body. Sensual Massage Master Strokes (2014) focuses on the most popular strokes movement by movement. In both DVDs rhythms and pressures are clearly shown, making learning sensual massage easier than ever before. The two 70 minute videos have won six awards at international film festivals. Stroke by stroke you will move confidently from head to toes spreading pleasure everywhere you go. Massage is educated touch. You will learn exactly what to do everywhere on the body. You'll knead from head to toes. You'll learn stroking movements that flow up and down the torso, spreading warmth. And you'll learn to ease pain by applying friction and percussion to weary muscles. Massage is shared pleasure, it's drugless therapy and now for the first time it's easy to do. Watch a stroke on your screen, then try it for yourself. Make massage part of your life with the world's best selling massage book and these gorgeous companion videos

Book Information

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Customer Reviews

This book is a true gem. It is a guide to any couple who wants to deepen their connection via sensual massage. It explains everything: from how to set the mood, how to prepare warm massage oil that will enhance the experience, to various massage techniques couples can apply on each

other's body. What makes this book unique is that author is daring. In addition to addressing the taboo of the importance of sexual intimacy that can be enhanced between the lovers by incorporating massage in their mind/body connection, author also incorporates interracial couples, which 40 years ago when the book was first created must have been a controversy. But the true beauty of the manual is the sensual pictures that depict many different couples practicing massage on each other. One thing is clear - they enjoy the sensual pleasure very much and they definitely enjoy each other and their bodies. They are completely absorbed into experience and they adore each other's touch. Definite bonus of this manual and very colorful book is the DVDs that are enclosed in the latest edition. I think that every sex therapist should offer this book to any couple experiencing strain in their relationship. By simply implementing these techniques of love and undivided attention towards each other, couples can experience deep connection between each other.

Provides a lot of great pictures and simple explanations. The great thing about this book is you can start using it right away- flip to any page and try what you see (but maybe set the mood first!). My boyfriend is always begging me for massages and it's nice to have a reference so I'm not stuck doing the same couple of techniques. Getting this book is the perfect surprise for someone you like!

This book and the accompanying DVDs savor the sensory experience of massage while providing ample instruction in techniques for specific areas of the body. Many book photographs are little art works of their own (love the chapter on Hands), deftly showing the inherent beauty of the human body. For those concerned that book photos look dated, fear not - the DVDs are totally up-to-date and in color. Again focusing on specific areas of the body, video shows the appropriate techniques with perfect camera angles and clear narration. If you're a senior citizen like me, massage may graciously invite and replace the physical intimacy that eroded along with your hormone production.

If you are looking for a place to start on your massage journey like I was this is a great place to start. The book has plenty of helpful pictures and good explanations. There is a bunch of content and if you are like me and want to start yesterday then after about 10 to 15 minutes of reading you know enough to start, my partner loved it and I was hooked and there was enough content for me to learn quite a bit to keep things interesting.

This book will definitely put the spark back in your relationship! It's not only a technique book, but

also a relationship book. You learn about setting the mood and romance! A must read must buy book!

Great Experience! Sensational buy: best book (a classic) plus TWO ONE HOUR DVDs! You'll love the massage and so will your partner! Much recommended for romantic occasions!

There is a reason this book is a classic: the massage is simply fabulous! The two DVDs make it easier than ever before to learn each stroke. Romantic and relaxing. Much recommended!

I must first admit, I just purchased the book and cd set to enhance the techniques I had already learned. The reason I can already tell you it will transform your relationship is because it has already worked in my own experience. Of all the gifts given over 30 years of marriage, NONE, including the very, very expensive have been appreciated as a night at the Omni downtown Atlanta, some beautiful relaxing music (a must!!!!!!!), a blindfold for mystery and to enhance her focus after she takes in the scent and scenery of the candles and just two hours of sensual massage just focusing completely on her without any intent but her pleasure. The experience was so intense that she surprised me and used her Womanizer (if you don't know about this little but amazing tool you better find out in a hurry) and was having an earthquake of a conclusion. She couldn't speak but could only beckon me to come to her with her hands. I was rewarded for thinking of her completely and working as if being paid for over two hours. Well worth it!!!!!!!

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